

This eLearning programme is suitable for people who work with children and adults with an intellectual disability.  
**\*Sexuality and Disability Values and Attitudes** MUST be completed before other units can commence.  
 Some additional resources are included.

<b>*Sexuality and Disability Values and Attitudes</b>	<b>Public and Private Concepts</b>	<b>Self Esteem</b>	<b>Protective Education Frameworks</b>	<b>STIs and Contraception</b>	<b>Puberty and Hygiene</b>
Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Defining sexuality and the components to be included in a sexuality education programme.</li> <li>Being aware of your own values, attitudes and beliefs in regards to sexuality.</li> </ul> <p style="text-align: center;"><b>FREE UNIT</b></p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>'Public' and 'Private' as concepts for a person with an intellectual disability.</li> <li>The concepts of personal space and public and private body parts; clothing, talk and places.</li> </ul> <p><b>We strongly recommend completing this unit before commencing any other unit.</b></p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Self-esteem and influencing factors.</li> <li>Potential barriers to building high self-esteem, signs of persistent low self-esteem and action to be taken.</li> <li>Strategies and resources to assist.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>The importance of providing Protective Education.</li> <li>The five essential concepts of Protective Education.</li> <li>Activities and resources to assist.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Common contraception methods.</li> <li>Common STIs and their treatment.</li> <li>Providing contraception and/or STI support to a person with an intellectual disability, not diagnosing, examining or recommending.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Understanding why sexuality education is important.</li> <li>Devising a programme about puberty and hygiene.</li> <li>Strategies and resources to assist with physical and emotional changes, including personal hygiene issues.</li> </ul>
<b>Cyber Safety</b>	<b>Sex and the Law</b>	<b>Respectful Relationships</b>	<b>Sexual Development</b>	<b>Managing Inappropriate Sexual Behaviour</b>	<b>Assertive Communication</b>
Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>The benefits and dangers of social networking.</li> <li>The laws in relation to sexting.</li> <li>Cyberbullying strategies and resources to prevent and protect.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>The laws in relation to sexual consent and sex.</li> <li>The law in relation to accessing sex workers.</li> <li>The law in relation to termination</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Elements of healthy and unhealthy relationships.</li> <li>Strategies and skills needed for building, maintaining and ending relationships.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Determining 'typical' and 'unexpected' sexual behaviours for five major developmental age groups.</li> <li>Flagging behaviours and referring on to appropriate services early.</li> </ul>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Why behaviours occur?</li> <li>Strategies to address behaviours.</li> </ul> <p><b>We recommend completing the Sexual Development unit prior to commencing this.</b></p>	Addresses training needs such as: (but not limited to) <ul style="list-style-type: none"> <li>Different types of communication styles.</li> <li>Identify ways to communicate assertively.</li> <li>Implement an assertive communication model.</li> </ul>

**Duration:** Approximately 60 to 90 minutes per unit

Individual units

\$ 55.00 each

1-4 Participants from same organisation (all 12 units)

\$539.00 per person

5-9 Participants from same organisation (all 12 units)

\$495.00 per person

10 or more Participants from same organisation (all 12 units)

\$440.00 per person *All prices include GST*

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or by contacting the eLearning team: Samara Pierce | Yvonne Illi | phone: (08) 9227 6414 | email: [elearning@pip.org.au](mailto:elearning@pip.org.au)